

The Teaching Philosophy of Mike Calbot

Mike Calbot is a firm believer in the “Triad” system of learning, which he developed in the mid 70’s and trademarked for his schools and clinics. “Triad” meaning simply that there are three sides to learning golf, the physical side, the mental side and the technique side.

So often, instructors only work on the technique side of the swing and students usually do not accomplish what they could have, had they incorporated the other two sides of the triangle.

There are basically 5 levels to this triangle (beginner, novice, intermediate, advanced and professional). The first level of the triangle is the beginner. The beginner does not have the knowledge in technique nor do they have to have the physical attributes or the mental side established, as does the more advanced golfer. On the highest scale, of course, is the professional. In this case many techniques are employed. The mental side must be strong and physical conditioning is a must for endurance and longevity and to maximize the effectiveness of the techniques.

There are three basic swing types: The swinger, the hitter and the hit/swinger. There are differences in each technique. Swingers have a more pivotal action whereas hitters have a more linear motion and a hit/swinger has both the pivot and the linear brace motion.

No matter which technique is employed, there is no disagreement that basics are the key.

“Over 38 Years of Teaching Experience”

Basics meaning G.A.P.S. (Grip, Aim, Posture and Stance) is the main route, along with the physical makeup of the person, as to how he or she will swing the club. Of course, we have laws, principles and our personal preferences, which are also involved.

Developing a pre-shot routine: There are many ways to approach a golf ball and detailing this approach will allow the student to incorporate the positions that they need to learn. If you cannot address the ball 10 times out of 10 times the same way, you have no chance of hitting the ball 10 times consistently the same way.

Ascertaining whether the person learns by feel, by sight or by special wording is important for effective communication. The basic premise behind my teaching is that there are no bad students, only instructors who cannot communicate to help them achieve realistic goals (realistic goals are set by both the player and their coach). A good teacher is a teacher who can help his student set and realize their individual goals and not determined by how many clients they have, or how much they charge or, by how well they play. A great teacher is determined by how well they communicate with their students to get results.

Personal goals of Mike Calbot

*To promote the game of golf
and to help more people play and
have fun at the game of golf than any
instructor before him.*

Golf Workshops with MIKE CALBOT “The Golf Doctor”

BALL FLIGHT WORKSHOP..... \$390.00
Three hours, one to one session, all on video.

Understanding the laws, principles and preferences of ball flight. How principles apply and application of various techniques. Drills to learn how to control flights.

Purpose:

Understanding of why and how the ball curves. How to access any target placement to hit the winning shots. How to get out of difficult situations. How to play from the rough, from divots, uneven lies and trouble shots.

Building confidence through better understanding.

SHORT GAME and BUNKER PLAY.... \$390.00
Three hours, one to one session, all on video.

How to play from 20 yards and into the flag, the real key of saving strokes. Learn pitch shots that stop on a dime, pitch and run shots, flop wedge shots, shots from fringe, out of rough, ball setting down and up on a fluffy lie, from hard pan, even off pine needles. Drills to practice for improving technique and touch.

Putting: Styles and techniques along with reading of greens.

Bunker Play: How to play from greenside bunkers. How to escape from any lie, good or bad, wet and dry sand. Drills to practice so you have no fear of shots because you understand them.

FULL SWING WORKSHOP..... \$390.00
Three hours, one to one session, all on video.

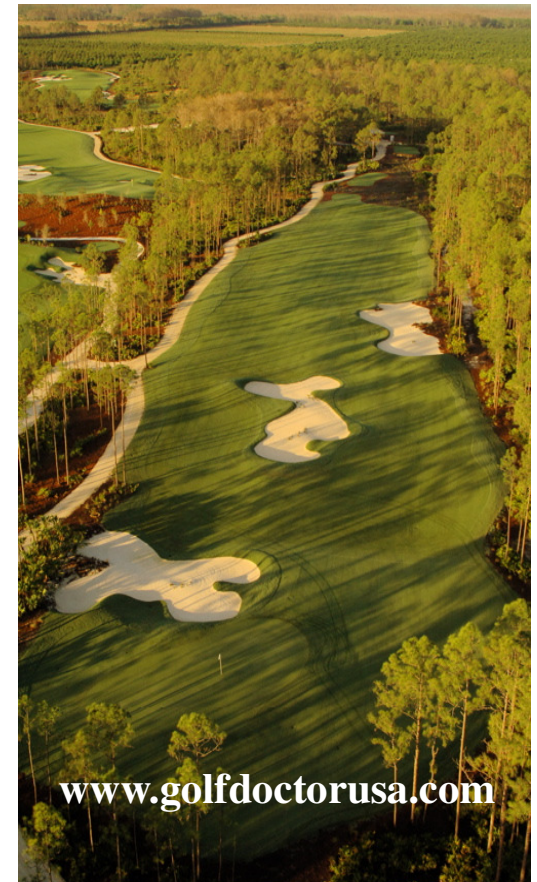
A true understanding of how to master YOUR swing. Learn how the basics affect the entire swing motion. Understanding the pre-swing principles of grip, aim, posture, stance and the simple motion of the swing through the understanding of *dynamic balance*. Drills to improve flexibility, balance, feel, general and specific motion of the swing. Establishing a sound pre-shot routine. Specifically what you need to work on for swing advancement.

***To book a workshop session with
Mike Calbot “The Golf Doctor”
or for additional information call***

(239)-482-0900

***"IF YOU ENJOY GOLF,
YOU'LL
LOVE PLAYING BETTER"***

Golf Schools with Mike Calbot



www.golfdoctorusa.com

ONE DAY GOLF SCHOOL

With Mike Calbot "The Golf Doctor"

Package Includes:

Four hours on the practice tee, to include a personal video analysis and correction of your individual needs to be more consistent. Presentations and demonstrations on the full swing, short game including bunkers and putting. Personal coaching from Mike Calbot.

Lunch with Mike at the clubhouse and discussion of the mornings session. During lunch we establish setting of goals for the afternoon session on course.

After lunch we go back to the practice range to warm up and then to the golf course. Mike will work on golf course strategies according to your golf ability and coach you on ways to save strokes.

This package includes, seven hours of professional instruction, your personal DVD of the presentations and corrections, lunch with Mike Calbot, all range fees, cart and guest fees. This program is for all skill levels.

The price for this personal one day school is \$975.00 for one person and \$1,185.00 for two people.

"This day will be one you will most definitely want to repeat, I guarantee that."

Learn from a master professional!

Call: 239-482-0900

*This one day school can also be requested and customized to accommodate a golfing family or group of playing friends.
All bookings are through the golf studio.*

TWO DAY INTENSIVE GOLF SCHOOL

This intensive workshop includes:

First Day

Individual swing analysis on your personal DVD video along with all presentations, corrections and coaching. Full swing coverage through bag along with how to establish a proper pre-shot routine.
**Break for lunch.

After lunch, we go on course to learn management and strategy skills under Mike's supervision. Seven hours with your instructor.

Second Day

Personal coaching and corrections of full swing and review of first day coverage. Then we cover the short game with a presentation, demonstration and personal assistance with putting, pitching, chipping and sand as well as uneven lie stances, this will last three hours and then we break for lunch. After lunch, we go on course to learn how to play the game with our new skills.

This package is a real golfer's holiday with fourteen hours of instruction from a world class golf instructor Mike Calbot, at a world class Jack Nicklaus Signature golf course and practice facility, Old Corkscrew Golf Club.

Your price for this one person golf school includes all instruction, practice range fees, two lunches, personal notes, guest and cart fees, your personal DVD's and bag tag.

**Price: \$ 1,820.00 for one person
\$ 1,995.00 for two people**

Custom packages can be arranged for more than two people.

THREE DAY INTENSIVE GOLF SCHOOL

First Day

Video analysis of the full swing. Presentation on "GAPS" (grip, aim, posture, stance), basic swing principles and drills to improve motion, all on your personal DVD video. Three hours on the range with professional training.

Second Day

Full swing review and establishment of pre-shot routine through bag with cause and effect corrections, all on your personal video. Three hours on the range with professional.

Third Day

Review of first two day's coverage with coaching. Short game coverage (pitching, chipping, sand, putting and how to read greens). Then to the golf course for 9 holes. 3 hours on course and 3 hours on range.
Package includes nine hours on range and three hours on course instruction (total twelve hours). Your personal DVD, notes, all practice balls, guest and cart fees and bag tag.

Price for a one person: \$ 1,560.00

Price for two people: \$ 1,790.00



**The Mike Calbot
International
Golf Studio
& TRIAD
Golf Schools**

**Club Address:
17320 Corkscrew Road
Estero, Florida 33928
www.golfdoctorusa.com**

FIVE DAY GOLF SCHOOL

This Package includes the following in addition to the Three Day Package.

Fourth Day

Mastering of the wedge game (3/4 wedge, flop shots). Special coverage of long irons and fairway woods. Three hours on the range. All coaching, presentation and analysis of the swing is on your personal DVD video.

Fifth Day

Two hours on range on specific needs and three hours on course to better understand how simple it is to play the game.

This package includes twenty hours of professional instruction. Your personal DVD, notes, all practice balls, guest and cart fees and bag tag.

Price for a one person: \$ 2,595.00

Price for two people: \$ 2,945.00

"IF YOU ENJOY GOLF, YOU'LL LOVE PLAYING BETTER"

**The Mike Calbot International
Golf Studio & Triad Golf Schools
at Old Corkscrew Golf Club**

GOLF STUDIO PHONE: (239) 482-0900

Visit us on the web

**www.golfdoctorusa.com
or email at**

mikecalbot@golfdoctorusa.com

2011